
Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is design for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Program # 17N-2-1510 | June 26 – 30 | M-F | 9am-12pm | ages 6-12

\$115 Resident/\$125 Non-Resident | Multi-Purpose Center

To register, stop by the Multi-Purpose Center!

Flag Football

Boys and Girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment!

Program # 17N-3-1508A | July 10 – 14 | M-F | 9am-12pm | ages 5-6

Program # 17N-3-1508B | July 10 – 14 | M-F | 9am-12pm | ages 7-12

\$115 Resident/\$125 Non-Resident | Multi-Purpose Center

[5-6 year old registration](#) | [7-12 year old registration](#)

Track & Field

Skyhawks track & field combines technical development, fundamental techniques and safety with a major focus on fun! Using special equipment, boys and girls learn the fundamentals of body positioning, stride, proper stretching and cool-down techniques.

Program # 17N-3-1509 | July 24 – 28 | M-F | 9am-12pm | ages 6-12

\$115 Resident/\$125 Non-Resident | Multi-Purpose Center

[Register Here](#)
